



KARATE

1700 Westport Rd
Kansas City, MO 64111

Call Us Today!
(816) 226-2083

Summer Semester 2024
Saturday, June 8th to Saturday, August 24th

Youth Classes

(Ages 3 to 16)

Our Youth Programs are designed to teach children traditional martial arts and self defense. Safety is one of our top priorities, students in our program will learn how to keep themselves safe!

- ◆ Self-Defense Training
- ◆ Discipline and Self Control
 - ◆ Excellent Exercise
 - ◆ Increased Confidence

Saturdays

Beginner Class 10:00 a.m. to 11:00 a.m.

Advanced Class 11:00 a.m. to 12:30 p.m.



Beginner Class \$200/Full Semester
Advanced Class \$300/Full Semester

Adult Classes

(Ages 16 and up)

Our Adult Program offers a comprehensive Martial Arts training that includes physical fitness, self-defense training and developing mental resilience.

- ◆ Basic to Advanced Martial Arts
 - ◆ Weapons Training
 - ◆ Self-Defense Training
 - ◆ Kumite/Sparring



Wednesdays

5:45 p.m. to 7:00 p.m.

Saturdays

12:30 p.m. to 2:00 p.m.



\$80/Month Saturday Only
\$120/Month Saturday & Wednesday

Returning Students
We hope you enjoyed your time at Shin Do Ryu Karate and will join us for another semester!

www.shindoryukarate.com